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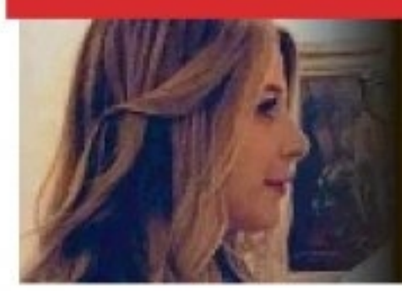
metroLIFE

STRONG SHOW OF PRIDE

After a record year, plans for the next celebrations can now begin **metroNEWS**

Thousands gather at the legislature before moving on to Memorial Park for Winnipeg's 30th Pride Parade.
SHANNON VANRAES/FOR METRO

LONDON TERROR ATTACK



'TELL THEM CHRISSY SENT YOU'

Christine Archibald Honour our daughter by helping others: Canadian victim's family

General election Campaign suspended for a day the same week Britain heads to polls

Police raids Twelve arrested after rampage that killed seven, injured nearly 50

metro NEWS

NEWS
Your essential daily news

'A powerful voice'

Local councillor Jenny Gerbasi has been acclaimed president of the Federation of Canadian Municipalities. She's ready to represent communities across the nation as she lobbies for municipal needs at the provincial and federal level.

BRAEDEN JONES METRO

A Winnipeg city councillor who has assumed the presidency of the Federation of Canadian Municipalities (FCM) said she expects the city to benefit from that organization's efforts as she steers them over the next year.

Coun. Jenny Gerbasi was acclaimed as president during the FCM's annual general meeting on Sunday. She said "the strength of the FCM" is that big, small, rural, urban, northern and remote communities "are speaking with one voice" in united lobbying efforts.

"That's a powerful voice Ottawa (the federal government) really wants to listen to, and has come to respect as reasonable and helpful," she said, adding what benefits the FCM membership and "roughly 90 per cent of Canadians" is likely to benefit Winnipeg.

"Across the country we're all facing the same challenges, working on the same issues," Gerbasi said.

She explained that looking at some of the problems Winnipeg faces today helps illustrate where FCM will focus its lobbying efforts.

For instance, as Manitoba's Progressive Conservative government moves away from predictable transit and infrastructure funding — a blow to Winnipeg — the federal government is committing $20.1 billion towards transit funding over the next 11 years.

"That's a very positive thing, but on the flip side, there is still the expectation that provinces are going to be a part of that," Gerbasi said. "This is true for any province… FCM's position is we're very pleased with the increased federal dollars, that starts making out transit investment doable, but we still need provinces as strong partners at the table."

Jenny Gerbasi with outgoing president Clark Somerville
TWITTER/@FCM_ONLINE

Affordable housing is also on the agenda in Winnipeg, as Gerbasi herself recently helped the city take its first steps towards initiating a housing roundtable discussion.

"We're going to be working closely with the federal government to make sure the programs being developed really work for municipalities," she said.

Winnipeg DIGEST City council

Speed and safety
Coun. John Orlikow will be introducing a motion to fix dangerous intersections by installing "measures to reduce speed and enhance safety." His motion asks the public service to annually identify the top two intersections "with the highest number of offences" and make them safer with best-practice "speed management measures."

Police headquarters
A Winnipeg Police Service report reveals police have been unable to fully utilize their new headquarters. Police have been kept out of both the firearms investigative analysis lab and a biochemistry lab due to heating-and-ventilation (HVAC) problems. They have to do firearms testing offsite. The service recommends transferring $740,000 in the project's capital budget to fix the HVAC issues.

Cell towers
Coun. Matt Allard will introduce a motion recommending the city "include direction for the placement of cellphone towers" in its infill guidelines. Allard explained smartphone use has exploded. He called wireless phone usage a "ubiquitous part of modern life and arguably an essential service." As such, Allard wants to avoid developments like Sage Creek from moving forward without cell towers.
BRAEDEN JONES/METRO

EQUAL RIGHTS

Accessibility Awareness Week suffers low profile due to media blackout

Jessica Botelho-Urbanski
Metro | Winnipeg

Manitoba Accessibility Awareness Week (MAAW) kicked off Sunday, though you might not have heard about it from the provincial government due to a media blackout.

Patrick Falconer of Barrier-Free Manitoba called it "unfortunate" timing to have MAAW happening during the Point Douglas byelection and its consequent media blackout period.

The Accessibility for Manitobans Act became law in 2013 and accessibility standards in five areas — customer service, employment, information and communications, built environment and transportation — will be phased in over the next decade.

> **We haven't yet seen an effective communications strategy.**
> Patrick Falconer

There's much public education to do in the meantime, Falconer said, so events like MAAW ought to be well advertised.

Public sector bodies have until November 2017 to comply with the accessibility standard for customer service, while about 34,000 private and non-profit organizations have until November 2018.

"If we have criticism, it's that we haven't yet seen an effective communications strategy by the province in terms of this. And it's going to be incumbent on them to make sure those 34,000 organizations understand why they're being required to make these changes and what changes are required," Falconer said. "It's not a daunting task, but it's a significant task to communicate with that broad a public."

One of Ontario's leading accessibility advocates, David Lepofsky, will be in town to share some knowledge surrounding his province's struggles and successes implementing the Accessibility for Ontarians with Disabilities Act (the precursor to Manitoba's act).

Having launched successful social media campaigns like #AODAFail to spur tweaks to Toronto architecture, Lepofsky will provide advice to local activists yearning to make an impact. He's also gearing some of his focus on tips for the business community, who will have to implement accessibility standards in the coming years.

"I'm trying to break the mold of (accessibility) not being a left-wing or right-wing issue. It's not pro-business or anti-business," Lepofsky said. "If you do (public education) right, then these guys don't have to all hire consultants."

For a list of the MAAW events, visit accessibilitymb.ca.

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Pride Festival

It's time for consultation

With the 30th annual Winnipeg Pride Festival coming to an end, police say they have agreed to sit down with organizers to discuss how to improve relationships between officers and the LGBTQ community.

Keila DePape
For Metro | Winnipeg

After the confetti, feathers and rainbow-coloured everything settles from the whirlwind that was Winnipeg's 30th annual Pride Parade, Jonathan Niemczak gets back to work.

"We start planning the next festival two weeks after this (Pride Week) ends," said Niemczak, Winnipeg Pride president.

Leading the parade through downtown Winnipeg on Sunday, Niemczak noted a record number of entries — 103 registered walking groups and vehicles to last year's 92.

Niemczak said this year's event featured "a lot of changes," and likewise, planning for next year will involve "seeing what more we can do to make pride better and more reflective of what the community wants."

For example, he said the police presence at Pride is one hot-button issue that needs to be revaluated annually.

This past weekend, members of the Winnipeg Police Service (WPS) marched without their uniforms and equipment for the first time since officers began marching in the parade.

Leaving their uniforms at home Sunday complied with a request Pride Winnipeg put forward after consulting the pride community and stakeholder groups.

One third of 600 online survey respondents did not want police in the parade or requested no uniform, while another third were comfortable with the LGBTQ community's existing relationship with police or had no strong opinion.

Beyond the question of uniforms, Pride Winnipeg and local stakeholders invited the WPS to take "a more active role in consulting and listening" to their community moving forward.

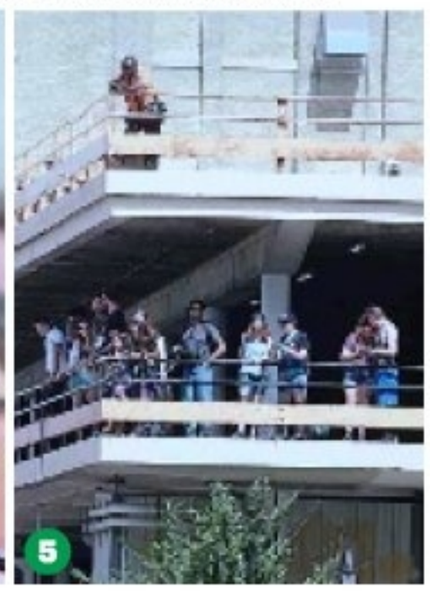
About midway through the parade lineup, WPS Insp. Gord Friesen and a handful of officers marched in white T-shirts emblazoned with rainbow hearts.

Friesen said the WPS has agreed to hold consultations with Pride Winnipeg to discuss how relationships between police and the LGBTQ community can improve.

Friesen said improved understanding needs to extend from both sides, adding the WPS has already undergone bias-free training to help officers recognize and deal with "biases that we, as human beings, inherently have."

Despite the controversy, Friesen said concerns raised before the parade led to "conversations with the community that we wouldn't have had otherwise."

"I see it as a step forward," he said.



1 Inspector Gord Friesen says 'it feels great' marching in Sunday's Winnipeg Pride Parade. Friesen and a handful officers did not wear their uniforms or equipment in compliance with Pride Winnipeg's request. KEILA DEPAPE/METRO

2 Anna, 6, watches Winnipeg's 30th annual pride parade with friends and family. SHANNON VANRAES/FOR METRO

3 There were a total of 103 registered walking groups and vehicles at the parade this year, compared to 92 in 2016. SHANNON VANRAES/FOR METRO

4 The Bear Clan Patrol played an integral role at this year's Winnipeg's Pride Parade. SHANNON VANRAES/FOR METRO

5 Spectators climbed a downtown parking garage to watch Winnipeg's 30th annual Pride Parade. SHANNON VANRAES/FOR METRO

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EMPLOYMENT

Premier criticizes minimum wage hike

Brian Pallister will be working with other premiers to promote free trade during a trip to Washington in the coming days, but he's taken aim at the Alberta and Ontario governments in a video posted online.

The Manitoba premier criticizes minimum wage increases in Ontario and Alberta, saying the change will reduce the number of entry-level jobs in those provinces.

The video was posted by Pallister's Progressive Conservative party on Friday and shows a brief speech by Pallister to supporters in a provincial byelection campaign in Winnipeg.

Pallister says the Ontario and Alberta governments are "left of centre" and their plans for a $15-an-hour minimum wage will hurt opportunities for young people.

Pallister and Ontario's Kathleen Wynne are among several premiers heading to Washington, D.C. this week to try to convince U.S. politicians not to abandon free trade agreements.

Alberta's Rachel Notley is not joining the mission.

"You jack up the minimum wage like the left-of-centre Ontario government and the left-of-centre Alberta government are talking about, you know what you do?," Pallister says on the video. "You reduce entry level jobs. You stop ... young people, especially, from being able to get into the workforce in the first place. There's only so many bucks out there. And the private sector's only got so much capacity to create jobs."

The Ontario Liberal government announced last Tuesday it plans to raise the minimum wage to $15 an hour from the current $11.40 by 2019.

Alberta's NDP government announced last year it would enact a $15 minimum wage by 2018. THE CANADIAN PRESS

Neechi Commons' Three Sisters Fruit and Vegetable Courtyard may soon carry some produce from the store's community garden. CONTRIBUTED NEECHI COMMONS

Community garden idea taking root

NEECHI COMMONS

Parking lot to be used to grow Three Sisters' own vegetables

Keila DePape
For Metro | Winnipeg

Where paradise was paved and replaced by a parking lot, a grassroots grocer is determined to plant a community garden.

This week, 40 square feet of Neechi Commons' parking lot will be covered with soil to plant 'The Three Sisters,' which is "an aboriginal concept of growing mutually supportive vegetables," according to Neechi Commons volunteer Dennis Lewycky.

"We plant the corn first, which then supports the beans that climb up the corn stick, then squash, which covers the soil and retains moisture. That way all three are supporting each other," said Lewycky. "We also want to plant sage, cedar and things that are used in traditional medicine.

He explained the garden is a "collective effort" between his group, local community groups like Urban Eatin' Landscapes, and a city grant.

Some of the harvested produce will stock Neechi Commons, which also sends subsidized, healthy food to northern communities via the Nutrition North Program to offset "insane food costs up north," said management coordinator Amelia Laidlaw.

However, most of the garden's goods will support local food banks, while community groups will use it to teach inner-city residents about growing food.

In 2010, The North End Food Assessment, a report prepared by Food Matters Manitoba, identified a "need to move away from the charity model" to address food insecurity.

The report noted, "most charity models do not lead to self-sufficiency" and added many "focus on emergency relief."

Over half of inner city can access healthy food sources by foot but can't afford to buy it, according to a 2016 report from the University of Winnipeg's Institute of Urban Studies.

"This (Neechi Commons' garden) takes what people think is the unfortunate North End and turns it on its head," said Lewycky. "People can be self-reliant, they can do so much for themselves."

Lewycky hopes the garden will expand to the 20-foot boulevard on Main Street by next year, adding another plot to a growing trend in the area.

"This is the community meeting its community needs," said Lewycky. "There is strong movement toward community gardens in the North End."

Christine Archibald and fiance Tyler Ferguson. FACEBOOK

London victim remembered

TERRORISM

B.C. woman identified as Canadian killed in attack

A Canadian woman killed in the terror attack that left seven people dead in London was remembered Sunday as someone who had a big heart and respected everyone.

Family members say Christine Archibald, 30, from British Columbia was a victim of the attack on London Bridge and in the bustling produce market nearby.

Her family in Castlegar, B.C., released a statement Sunday through the Canadian government saying Archibald worked in a homeless shelter before she moved to Europe to be with her fiancé Tyler Ferguson.

"She had room in her heart for everyone and believed strongly that every person was to be valued and respected," the statement said.

The family asked that people honour her memory by making the community a better place.

"Volunteer your time and labour or donate to a homeless shelter," the statement said. "Tell them Chrissy sent you."

The Canadian government is advising citizens to be vigilant in the wake of the attack. The government and diplomats on the ground in London are advising travellers to avoid the affected areas, follow the instructions of local authorities and monitor local media.

Governor General David Johnston tweeted about the attack, calling it "evil and senseless."

He said he was "heartbroken to learn that a Canadian is among those who lost their lives."

Prime Minister Justin Trudeau said Canada would stand with the U.K.

"We grieve with the families and friends of those who have lost loved ones, and wish all those injured a speedy and full recovery," Trudeau said. THE CANADIAN PRESS

12 arrested after attack

British police arrested a dozen people Sunday in a widening terrorism investigation after attackers using a van and large knives turned a balmy evening of nightlife into a bloodbath and killed seven people in the heart of London. Daesh claimed responsibility

Prime Minister Theresa May warned that the country faced a new threat from copycat terrorist attacks. The county's major political parties temporarily suspended campaigning with only days to go before the general election. May said the vote would take place as scheduled Thursday because "violence can never be allowed to disrupt the democratic process."

The assault unfolded over a few terrifying minutes late Saturday, starting when a rented van veered off the road and barrelled into pedestrians on busy London Bridge. Three men then got out of the vehicle with large knives and attacked people at bars and restaurants in nearby Borough Market until they were shot dead by police. THE ASSOCIATED PRESS

IN BRIEF

'Manchester, we're gonna be all right'

Ariana Grande has paid tribute to the victims who died at her Manchester concert with an all-star affair in the city with the help of Katy Perry, Justin Bieber, Liam Gallagher, Miley Cyrus and others. A teary-eyed Grande emerged onstage for the One Love Manchester concert Sunday. She told the audience, "Manchester, we're gonna be all right." AP

POINT DOUGLAS BYELECTION

Vote in Advance

June 13 is byelection day but you can choose to vote in advance at any advance voting location.

Locations:

1 - Returning Office, 1072 Main Street
June 3 to 10

2 - Neechi Commons, 865 Main Street
June 3 to 10

3 - Turtle Island Neighborhood Centre,
510 King Street
June 7 to 10

Hours:
8:00 am to 8:00 pm Monday to Saturday
noon to 6:00 pm Sunday

Advance voting places are accessible to all.

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Koehn Binesi, Sabrina	Green Party of Manitoba		Kristen Andrews
Komarniski, Frank	Communist Party of Canada -Manitoba	367 Salter St., Winnipeg	Andrew Taylor
Marshall, Gary	Manitoba Party	338 Armstrong Ave., Winnipeg	Corinne Shore
Moskal, Jodi	PC Manitoba	210 Carlotta Cres., Winnipeg	Rudy Van Goor
Smith, Bernadette	NDP	267 Southall Dr., Winnipeg	Kathleen Lukas

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metro VIEWS
Your essential daily news
Monday, June 5, 2017

URBAN ETIQUETTE ELLEN VANSTONE

THE QUESTION

How do I explain to my son why he wasn't mentioned in grandma's obituary?

Dear Ellen,

I was in a relationship with an individual who went from drinking to drugs and gambling. When our son was five, I asked him to move out. A year later he committed suicide. His mother made an effort to keep in touch, and my son spent summer breaks with her when he was little and enjoyed his time with her a great deal. His grandpa would say hello to him, but conversations did not go much further. My son's aunt took him for lunch once. His uncle asked me to drop my son off for a visit occasionally, which I always did. I felt it important for him to know his father's family. About four years ago we stopped hearing from any of them. I recently learned that grandpa died three years ago, and grandma died a month ago. My son was not notified, nor was he mentioned in either obituary. He is very hurt. I don't understand how anyone could be that mean to a child. Should I say something?

Donna

Dear Donna,

Please accept my heartfelt sympathy for you and your son. It's sad enough he lost his father. But for his aunt and uncle not to tell you about his grandparents' deaths, and then to ignore your son's existence in the obituaries, is not merely rude, it's cruel.

The cruelty may or may not have been intended. Maybe they mistakenly assumed you were the one who cut off contact. Or they're following their late parents' misguided wishes in avoiding contact. At worst, they don't want to share a portion of the estate. At best, perhaps your son is too painful a reminder of their poor dead brother. It doesn't matter. They are adults. Their pain doesn't give them the right to inflict pain on a child, or trump a son's right to be acknowledged. I'd even argue they're hurting themselves by cutting off communication — indulging in a form of denial likely to hinder their own efforts to get past it.

Your situation is more complex, but it speaks to a common etiquette problem with couples who split. Friends and family pick sides, and then shun the children as well as the ex-partner — feeling morally superior to the "bad ex," while blithely inflicting pain on innocent children who also suffer the searing effects of that shunning. I always remember the wise words on this subject in the classic teen movie Clueless. Cher (Alicia Silverstone) is complaining to her father (Dan Hedaya) about having to spend time with her step-brother: "But you were hardly even married to his mother and that was five years ago. Why do I have to see Josh?" He stands firm: "You divorce wives, not children."

For your own sake, and your son's, you can still do the polite thing, and send a sympathy card. Tell your son's aunt and uncle how sorry you were to hear about their parents' deaths, mention how much your son enjoyed time with his grandmother when he was young, and wish them the best.

Don't expect a reply. The point is that you will feel better for having done the right thing, and the door will be open if they ever want to resume contact.

Need advice?
Email Ellen:
askellen@metronews.ca

VICKY MOCHAMA

No one told Mavis Otuteye she did not have to die that way

Mavis Otuteye wanted to meet her new grandchild. She never got there. She died of hypothermia while walking into our country.

Her death is an indictment of a national and global failure to respond meaningfully to the worldwide migrant crisis. Yet, a clear and concerted strategy seems to be far away.

Otuteye, a Ghanaian woman, had been living without a valid visa in the States since 2006. In light of the Trump administration's crackdown on undocumented persons, it is reasonable that she would not want to make herself known to immigration authorities. A danger of living without papers is that a chance incident can lead to one's removal. With the knowledge that asylum claimants would be turned away at official border crossings because of the Safe Third Country Agreement (STCA), it is still more plausible that walking across the border made the most sense to Otuteye.

However, the CBC reports Otuteye would have been allowed under the STCA because her granddaughter is a Canadian citizen. The accord has a number of compassionate grounds on which migrants can cross between borders.

Having told no one of her plan, Otuteye was unaware of her options.

What is contained in words and documents is far different to the reality on the ground. The terms of the STCA and a tweet from the prime minister welcoming refugees are part of a world of misinformation that puts migrants, especially undocumented ones, in danger. Theirs is a world of ad-hoc systems, reliance on rumours, opportunistic scammers and ever-shifting legal paradigms.

Yet Canadian and international governments have not been able to provide migrants with any clarity.

Reports on the recent G7 summit in Italy overlooked the inability of world leaders to come to an agreement on the global migrant crisis. Because of American recalcitrance, the summit instead released a short statement acknowledging the problem but shifting responsibility back to individual countries. With Donald Trump in office, an international version of "Refugees Welcome" seems unlikely.

This will not stop the flow. After much pretence to public safety, Trump has finally tweeted that the executive order dubbed a "travel ban" by many is exactly that.

Still, the Canadian government insists it will not change the terms of the STCA. In Europe, the Guardian reports that the death rate for migrants crossing the Mediterranean has doubled. Meanwhile, the far-right has crowd funded enough money for a boat to intercept search-and-rescue boats there.

Whether we take action on it or not, the global migrant crisis is happening. Without a unified humanitarian solution, more migrants will continue to die like Mavis Otuteye: cold and alone.

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RENT or OWN

GENNA BUCK METRO

Homeownership has long been the gold standard but two long-term renters speak against the stigma often associated with not buying

When 34-year-old millionaire and luxury property developer Tim Gurner declared that millennials' dreams of homeownership are toast unless they rein in their spending on "smashed avocado for 19 dollars and four coffees at four dollars each," the backlash was fierce.

And it was not just because of his tone-deaf assertion that cash-strapped 20-somethings struggling with student debt could save for a home simply by scrimping and pinching and making their own avocado toast.

Gurner seemed to assume a house with a white picket fence should be part of everyone's financial plan.

Alex Avery, CIBC analyst and author of The Wealthy Renter, told Metro that for many young people, buying doesn't make sense (and it has nothing to do with spending money on fattening breakfast foods).

Although interest rates are low, Avery explained, house prices are high and people already have a lot of debt. And although a mortgage forces you to save, renters can replicate that in other ways — plus they're not saddled with costs like maintenance, renovations and interest, which owners tend to discount when they're counting the piles of home-equity money they've made.

"There isn't one prescription for everyone," Avery said. But, "There is no amount of logic, facts or supporting evidence that will convince a truly passionate homeowner that there's any better investment than home ownership."

We spoke to two long-term renters from different life stages who could have bought, but likely never will.

They had some great insights for those who are trying to decide between buying their first home or continuing to eat toast. (We kid!)

> **There isn't one prescription for everyone.**
> Alex Avery, CIBC analyst

John Plumadore, 68

RENTER #1

City: Toronto
Rent: $1,738/month (two bedrooms)
Occupation: Retired

John Plumadore has never owned property. He retired seven years ago from a long career with Scouts Canada, and he and his partner have lived in the same high-rise complex in midtown Toronto, where homes typically sell for about $1.5 million.

"I have chosen to rent because I want to be close to the subway and the downtown core, in a fairly nice area of the city," Plumadore said. "I live in a very prime area, part of a community where I couldn't otherwise afford to live.

"The advantages are that you don't have to be putting money into repair, maintenance or additions. Anything needs fixing, the landlord fixes it.

He said he chose to use the 20 years of savings he would have put into the upkeep of a house into an RRSP for retirement.

Plumadore hails from the small town of Cornwall, Ont., where he said there's more "stigma" against renters. If he had stayed, he certainly could have afforded a house.

"Maybe I'd be a better position today, but who knows?" he said.

Will he ever buy? "Not unless I win a lottery ticket" — and maybe not even then.

"I would not want that worry as I get older, going to bed with a mortgage hanging over your head."

Graham MacFarlane, 31

RENTER #2

City: Edmonton
Rent: $1,500/month (two bedrooms)
Occupation: Occupational health and safety

Like the avocado-toast naysayer Tim Gurner bragged about doing, Graham MacFarlane believes he could have bought a home by now if he put his "nose to the grindstone" and saved for at least 10 years. But as a renter, he lives in a nice two-bedroom Edmonton duplex that is within walking distance to his workplace, he's saving money, and has the freedom to move any time.

"It bothers me, the culture that surrounds this," MacFarlane said.

There was a time when he dreamt about homeownership, too. "In my mid-20s, I went back to school to change careers, and that was of course an expensive experience. I had a car loan, student loan, all this debt.

"I was just despairing. How am I going to get out of this? Will I be able to afford a home before I'm 50?"

But after he got a job in his field and started paying down his debt, he starting "rethinking the assumption" of his goal. Renting, he said, isn't what people think.

Given the instability in the Alberta economy, MacFarlane is glad he didn't.

"Renting and spending your money on beer isn't responsible. But renting and saving and investing is a better plan than gambling all your eggs your home in your equity."

JOHANNA SCHNELLER WHAT I'M WATCHING

Finding beauty in sorrow, death

THE SHOW: The Leftovers, Season 3, Episode 6
THE MOMENT: The good-bye

Psychiatrist Laurie (Amy Brenneman) knows her ex-husband Kevin (Justin Theroux), a cop, is going to kill himself because some zealots think it will prevent an apocalypse.

"You came here to talk me out of it," Kevin says.

"No," Laurie replies. "I came here to say goodbye."

They sit on the porch, smoking and admitting old mistakes, which escalate in importance: he killed the family hamster. She once sneaked off to a spa. He hated their house, but never said because she loved it. She was pregnant on the day of the Great Departure — and the fetus disappeared. (Devotees gasp here: this explains A LOT about what Laurie did next.)

"Are you scared?" she asks.

"No," he says. "I could come back."

"I really hope you do," she says, kissing his cheek.

"Is Nora gone?" he asks.

"We're all gone," she replies.

OMG this show is beautifully written. Every line of dialogue amplifies the characters, and answers questions you didn't know you had. But I can't get people to watch it for love or money, because they think it's too sad.

Its sadness is its point. Unlike, say, The Americans (which I also love), a marriage drama hidden in a spy show, The Leftovers doesn't pretend to be about anything other death. It's about how each of our lives is a series of apocalypses, because everyone dies.

It's also a gorgeous plea for humanity: we're all going to grieve, eventually. We should learn how to do that better, find comfort in its commonality.

Yes, it's sorrowful. Magnificently so.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

Justin Theroux and Amy Brenneman in The Leftovers.
CONTRIBUTED

BOX OFFICE

A powerful debut for Wonder Woman

Wonder Woman conquered milestones and movie myths at North American theatres, where the Patty Jenkins-directed superhero film powered its way to a $100.5-million debut this weekend and became the biggest blockbuster ever directed by a woman.

The well-reviewed movie easily surpassed industry expectations with one of the summer's biggest debuts, according to studio estimates Sunday. Starring Gal Gadot as the Amazonian warrior princess, Wonder Woman is the rare — and most successful — female-led film in an overwhelmingly male superhero landscape.

It proved a hit with moviegoers, earning an A CinemaScore. While skewing somewhat female, it drew a fairly evenly split audience. Warner Bros. said 52 per cent of the audience was female and 48 per cent male. Wonder Woman added $122.5 million internationally, including $38 million in China.

THE ASSOCIATED PRESS

WEEKEND GATE

1. Wonder Woman, $100.5 million ($122.5 million international).
2. Captain Underpants: The First Epic Movie, $23.5 million.
3. Pirates of the Caribbean: Dead Men Tell No Tales, $21.6 million.

Gal Gadot in Wonder Woman. WARNER BROS. ENTERTAINMENT VIA THE ASSOCIATED PRESS

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PERSONAL FINANCE

How much inflation to your lifestyle can you afford?

Lifestyle creep, or lifestyle inflation, is when you spend more as your income grows. It's not inherently bad. The trouble comes when you move to a bigger apartment or buy a newer car that eats up all the extra money your raise provides.

Making more money should be an opportunity to build wealth and protect yourself from inevitable financial setbacks. Strike a balance between spending more and developing financial security. Follow these steps and you'll forgo excessive lifestyle creep for, simply, a good life.

Give your money a destination

As soon as you learn a raise is coming, decide how to allocate it. That way, the money won't sit in your checking account and fall victim to a shopping spree. "Being intentional is absolutely essential," says Philip Olson, a certified financial planner in Austin, Texas. "Otherwise, it's just going to fall through your fingers."

Estimate your new take-home pay using a salary calculator. A large raise can put you in a higher tax bracket, which might mean a smaller paycheque boost than you expected. Suppose you'll earn $200 more per month after taxes. One option, Olson says, is to go 50/50: Spend half your raise, or $100, on whatever you want each month. Put the other $100 toward financial goals such as savings and paying down debt.

Assess your financial security

What exactly should you do with the financial goals portion? It depends where you stand on the basics. If you were living paycheque to paycheque and have no savings cushion, send all the extra money to a savings account specifically for emergencies. That will provide backup if, for example, a larger-than-expected bill arrives in your mailbox. Fill up the fund until it hits at least $500. Continue adding to your emergency fund, while working toward the other goals below, until you have the equivalent of three to six months of basic expenses saved.

Your next priority should be to pay off high-interest debt. Credit cards in particular typically have higher interest rates than student loans, auto loans or mortgages. The longer your credit card balance grows with interest, the harder it will be to get rid of, which will take a bite out of your future earnings, says Jason Kirsch, a certified financial planner in Santa Monica, California.

Finally, it's ideal to save 10 to 15 per cent of income for retirement. A retirement calculator will let you know if you're on track. Get closer to that guideline by increasing your contributions at work or opening an individual retirement account.

Hide savings from yourself

Since it will probably be harder to save than to spend, set up automatic transfers so you avoid having immediate access to the money. Time your emergency fund and individual retirement account transfers so they occur the day after you're paid.

Olson recommends opening new savings accounts for other goals, too. If you decide to save $50 per month in a house fund, name it "Beach Bungalow." The goal is to reward yourself now while also building excitement for the future — and keeping your spending in check. "Your lifestyle can creep," Olson says. "Just don't let it creep in perfect pace with your income. Because then you'll be broke."

THE ASSOCIATED PRESS

The goal is to reward yourself now while also building excitement for the future — and keeping your spending in check.

Got a raise? Beware of 'lifestyle creep'

Open a new savings account and name it "beach bungalow" to stay motivated to save. ISTOCK

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YOU CAN DO THIS HEARING INSTRUMENT SPECIALIST

A sound career choice

WHY I LIKE MY JOB

Matt L., 30, Hearing Instrument Specialist in Peel County, Ont.

I didn't come out of Grade 12 thinking, "I really want to be a hearing instrument specialist!" In fact, I didn't even know they existed or what they did until I was 20. I was studying General Arts and Science at George Brown College in Toronto, and I met someone who was in her first year of the Hearing Instrument Specialist (HIS) program. Within minutes of talking to her about her studies, I was convinced that the HIS program was the right path for me.

It's such an important (and interesting!) field to work in. As soon as I graduated, I enrolled in the HIS Internship Program and completed 1,000 hours of practical work in a little over two years. The industry is regulated in Ontario, so I had to become licensed under the Association of Hearing Instrument Practitioners of Ontario (AHIP) to work full-time.

On a typical work day, you can find me conducting hearing exams on adult patients, counselling clients and their families on the proper maintenance and use of hearing instruments, and customizing/fitting hearing aids. I enjoy my job because while I'm always teaching my clients, I'm also always learning. The job motivates me to keep current on recent studies and to regularly attend workshops and conferences with my colleagues. This way, I can effectively communicate with my clients about the latest innovations in augmentative communication devices.

THE BASICS: Hearing Instrument Specialist

$45,145

Median salary for a certified hearing instrument specialist. Those with several years of experience can expect to earn upwards of **$65,000** annually.

+14%

Projected employment growth rate over the next seven years.

Data for this feature was provided by payscale.com, onetonline.org, and ontariocolleges.ca.

HOW TO START

Hearing instrument specialists gain practical skills and knowledge through college hearing programs. Students typically spend three years in both lab and lecture settings learning about the many types of assistive hearing devices, how to properly test for and assess hearing loss and related disorders, hearing device selection and fitting, and appropriate counselling techniques.

WHERE YOU CAN GO

As Canada's median age (nearly 40 years old, according to Statistics Canada) continues to rise, there is an ever-increasing demand for hearing-health specialists. Professionals in this field will find less competition in small towns or suburban neighbourhoods, with several openings in hearing clinics, hospitals, rehabilitation centres, hearing instrument manufacturers and private practices.

NEXT CAREER STEP

Hearing instrument specialists may benefit from joining a provincial or national association, such as the Canadian Hearing Society, to keep in the loop of recent by-laws, emerging technologies and best practices. Additionally, university graduates with a bachelor's degree can complete a master's in audiology in as little as two years. Audiologists are qualified to assess and treat hearing disorders in children.

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PRODUCE

Enjoy fresh berries on the same day they are picked

Owen Roberts
Urban Cowboy

It's date night. And it's all about making an impression.

You're eating in, and as a special treat, you meticulously prepare chocolate-dipped strawberries for dessert. You sweeten the deal by pairing them with a sparkling wine. Nice touch.

But as soon as your date takes the first bite of her strawberry, the thrill is gone. Because beneath that sweet-looking red exterior is a bland tasting, imported U.S.-grown berry.

It was picked as many as 10 days earlier, and spent hundreds of kilometres travelling in a truck from California or Florida.

Given such conditions, it's no wonder every June consumers are bursting with anticipation for luscious, field-grown Ontario strawberries, at pick-your-own farms or markets.

The season can't start too soon. Through the years, plant researchers at the University of Guelph and elsewhere have worked to develop hardier, quality varieties with great flavour and a longer growing season.

These varieties are called day-neutral strawberries, so named because they flower throughout the growing season — unlike some traditional strawberry plants, which flower only once a season, during May and June.

And lately, the Ontario strawberry season is being extended right through the winter, thanks to production in Canada's greenhouse capital, Leamington.

There, first-generation family farmers Jordan and Duffy Kniaziew of Orangeline Farms and their company Zing! Health Forward have pioneered a technique to successfully grow sweet, juicy Ontario greenhouse strawberries — marketed as Date Night Berries — all the way from November through to May.

And there's no mistaking them for U.S. imports.

"The flavour literally explodes in your mouth," Jordan says.

Even during winter months, Date Night berries are fresh, local and about twice as sweet as their American counterparts. On what's called the Brix scale, which measures sweetness on a range from one to 20, Date Night Berries check in at 10 to 12 units. That reading compares well to imported berries at six to seven units.

The Kniaziew's berries are grown in a unique manner as well, with elevated growing gutters and an umbrella canopy. Humidification and cooling protection systems help extend the growing season, and LED lights give production a boost.

Then, when the time's right, they are gingerly picked by hand at harvest.

"We treat every berry like a newborn," Jordan says.

In fact, in many cases, the Zing! strawberries served on date night have even been picked the same day. At the most, they're three days from their harvest date. Compare that to winter berries from the U.S., which typically spend more than a week in a truck. They're bred mainly for transportability, not taste.

Recently, other Ontario greenhouse growers have started following Orangeline's lead, meaning the winter berry market here is bound to expand.

For being pioneers and blazing the winter strawberry trail, Date Night Berries have received an Ontario Premier's Award for Agri-Food Innovation Excellence.

Owen Roberts is an agricultural journalist at the University of Guelph. Follow him on Twitter at @TheUrbanCowboy.

Even during winter months, Date Night strawberries are fresh, local and about twice as sweet as their American counterparts. When the time's right, they are gingerly picked by hand at harvest. COURTESY ORANGELINE FARMS

THE FUTURE *of* FARMING

Glass is a key to growth

Ontario also enjoys winter cucumbers, tomatoes and peppers, thanks to a vibrant and growing greenhouse industry. It now involves 200 farmers and nearly 2,900 acres of greenhouses. In March, the province invested $19 million in a greenhouse innovation program, to encourage further investment in greenhouse technology and boost productivity.

Strawberries are truly a superfood

Strawberries are an excellent source of vitamin C — just one serving contains about half of a person's daily requirement. Vitamin C is a proven antioxidant, and strawberries are among the top 10 fruit and vegetables for antioxidant content. As well, eating more fruit and vegetables helps decrease the risk of obesity.

FARM *links*

Poll question:
What's the best way to eat Ontario strawberries? Tell us at metronews.ca

Duffy Kniaziew, left, and his brother Jordan pioneered a technique to successfully grow sweet, juicy Ontario greenhouse strawberries. COURTESY ORANGELINE FARMS

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What it means to join a credit union

FACTS

Canadians in the dark about how they give back to the community

Nina Dragicevic

Although millions of Canadians use credit unions, many are not familiar with how they operate. ISTOCK

Canada's big banks are ubiquitous — you've seen the commercials, you recognize the branches. But what, exactly, do you know about credit unions?

Millions of Canadians use them, while some Canadians may not be familiar with them at all. Here are 10 facts about credit unions you may not know:

1 You aren't a "customer" of a credit union in the typical sense. Joining a credit union means you become a "member" — and the members, collectively, own the credit union.

2 Roughly one in five Canadians belong to a credit union. There are more than 300 credit unions in the country, serving approximately 5.5 million members.

3 Millennials' values are in sync with credit unions. "Young people in particular are more concerned about community — they're more inclined to give back and want to deal with companies that have ethical business practices," says Martha Durdin, president and CEO of the Canadian Credit Union Association.

4 Credit unions are big givers — roughly four times more than other institutions. "Banks give about one per cent of pre-tax profits back to the communities; credit unions give about four per cent of pre-tax profits," Durdin says.

5 Their employees give back, too. Roughly 70 per cent of credit union employees participate in community activities as part of their job, while almost 80 per cent choose to volunteer during their time off.

4X

Credit unions give back to communities roughly four times more than other institutions.

6 Businesses love them. According to the Canadian Federation of Independent Business, Canada's small- and medium-sized businesses have ranked credit unions first in customer satisfaction.

7 Canadians love them too. According to Ipsos Best Banking Awards, Canadians have ranked credit unions first in overall customer service excellence, among all financial institutions. They've won this 12 years in a row.

8 Credit unions are stable. Durdin says Canada's credit unions performed even better than the banks during the 2008 financial crisis. "Credit unions are a bit more conservative," she says. "They don't have the large exposures to certain sectors of the economy, or other off-shore investments."

9 According to 2015 statistics, affiliated credit unions in Canada work with $188.3 billion in assets, $163.1 billion in deposits and $157.8 billion in loans.

10 They've financed female independence. In 1961, a credit union was the first financial institution to lend to women in their own name.

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CROSSTOWN CIVIC CREDIT UNION

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Putting people before any profits

GIVING BACK

Focus on community building and volunteering

Nina Dragicevic

For credit unions, giving back to the community is more than just feel-good altruism; they're simply built that way.

"Credit unions aren't beholden to stock owners or shareholders who are looking for profits — quarterly profits, year-end profits," says Martha Durdin, president and CEO of the Canadian Credit Union Association. "Because credit unions put people before profits, they return profits to the communities in which they live and work."

As a result, community building and engagement, volunteering, sponsorships and grants are just "business as usual" for the more than 300 credit unions spread across the country.

But in Winnipeg, Assiniboine Credit Union (ACU) has raised those stakes even further. Their members and board of directors have looked deeply into their communities and asked: Who is left out? And how can we help them?

Jill Hollosi (ACU Manager, Channel & Product) and Brendan Reimer (ACU Strategic Partner, Values-Based Banking) volunteer their gardening skills at NorWest Co-op Community Health, which is a member of Assiniboine Credit Union. CONTRIBUTED

Brendan Reimer, ACU's strategic partner for values-based banking, says that underserved communities — people living in poverty, newcomers, Indigenous communities, refugee families, youths, those living with disability, and so on — is where they can make the biggest difference.

"We have this vision of communities where everyone is included," he says, "and everyone has an opportunity to pursue their goals."

That means helping Tec Voc high school students launch and manage their own credit union to gain financial literacy and, in many cases, open their first account.

That means opening a branch — during a time when many banks are closing branches, Reimer says — in a neighbourhood with no financial services, except for expensive payday loans or cheque-cashing outlets. Last year, ACU's North End branch won the National Community Economic Development Award.

That means helping a dentist from Egypt have his credentials recognized in Canada, via specialized loans that bridge the education gap for professionals from other countries. Now he's opened a dental practice and has hired others. Almost 100 members of this program, Reimer says, have seen their annual income increase by an average of $40,000.

That means changing lives and building communities.

"I know that what we do matters," Reimer says. "It makes a difference in people's lives, it creates opportunities that are so powerfully important to the community. Knowing that we played one small part in enabling that to happen — that makes us incredibly proud."

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SCU understands renovation mortgages: Just like picking a contractor can make or break your project, choosing the right financial partner – one who understands the complexities and nuances of financing – is an easy way to ensure your project runs smoothly.

Tailored solutions offer flexibility: Instead of an unsecured loan or credit card, consider taking advantage of your home's equity, even if you're already locked into a fixed rate. Leveraging your equity or post-renovation equity, or obtaining a mortgage-secured line of credit are options that tap into lower interest rates and offer flexibility in payments.

No project is too big (or small): SCU offers a suite of products that can finance small or large-scale projects. Whether you choose one or multiple draws over time, SCU's renovation mortgages are designed to provide funds when and how you need them.

SCU is the largest credit union in Manitoba and the eighth largest in Canada with more than $5 billion in assets. At our heart, SCU is an organization that believes in the strength of working together. For more than 75 years, people have chosen us because we are a financial partner who provides honest guidance with a commitment to serving our members' needs first and foremost.

Credit unions serve more than 5 million Canadians at nearly 2,000 locations from coast to coast. ISTOCK

Origins of credit unions trace back over 100 years

HISTORY

Today, there are 300+ credit unions across the continent

Nina Dragicevic

Can you imagine paying $5,000 interest on a loan for $150 to save your family from destitution?

This was one real example cited by Quebec MP Michael Quinn in 1897, as he submitted a bill to prohibit outrageous interest rates for lending to desperate people. As a parliamentary stenographer, Alphonse Desjardins — the name may be familiar to you — overheard this story.

After several years of learning from European examples of financial co-operatives, Desjardins opened the first co-operative loan and savings society in North America in December 1900. It was known as caisse populaire, or "people's bank."

Canada's credit unions trace their roots back to this moment. More than 100 years later, the Desjardins Group remains a powerhouse association of credit unions on the continent, and there are more than 300 credit unions across the country — serving more than 5 million Canadians at nearly 2,000 locations.

So much of day-to-day banking has changed since the early 1900s, but modern credit unions have upheld the principles of the original co-operative.

Their low-profit model focuses on strengthening local economies — during a resurgence of "buy local" movements — and helping communities prosper by putting people and services before profits. Each credit union is independent and locally controlled by its members, who also own the union.

> **The (credit union) model has never changed.**
> Martha Durdin

BACKGROUND

We may take some of these banking services for granted today, but credit unions were the first financial institutions to introduce the following services:

- First open mortgages
- First to lend to women in their own names
- First full-service ATMs
- First fully functional online banking
- First debit card service
- First cheque imaging service

"There have been, at a certain point, three times as many co-operatives as there are now, but they tend to amalgamate as the economy grows and the country grows," says Martha Durdin, president and CEO of the Canadian Credit Union Association.

"So there are not as many credit unions (compared to previous decades), but their assets are higher and they tend to be bigger," she says. "But the model has never changed."

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Shiny, Member Services Representative

Ang Credit Union ay demokratikong organisasyong kontrolado ng mga miyembro.

Because the owners and customers are the same people, decisions are made to benefit everyone, not just make a profit. One member gets one vote.

Rhoda, Member Services Representative

Ile ifowopamo alaf'owo so wo'po da feran pupo lati ma se opolopo ohun didara ni agbegbe won

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Adetoun, Member Solutions Supervisor

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Crosby has no time for Subban's games

STANLEY CUP

Preds' D-liner likes attention, says Penguins' Halifax star

P.K. Subban says ask the Pittsburgh Penguins if he's getting under their skin. The All-Star defenceman only knows he apparently needs to work on his breath on the ice and loves the challenge of helping shut down Sidney Crosby and Evgeni Malkin.

And he loves gamesmanship.

Crosby isn't in the mood to play if it doesn't involve his stick and a puck. No, the Pittsburgh captain insists he did not complain about Subban's breath in Game 3, saying Subban made that up.

"He likes the attention and things like that so I mean if he wants to make stuff up … what can I do?" Crosby said Sunday.

The Stanley Cup Final has some bad blood brewing, and the best-of-seven series for the NHL championship has the makings of becoming a battle royale. The defending champs a chance for a sweep Saturday night when the Predators scored five straight goals in a 5-1 rout of the Pens, winning the first Cup Final game in the state of Tennessee.

Now the Predators want to tie it in Game 4 on Monday night. They are 8-1 at home this postseason, and Subban made it clear he expects Nashville fans to find a way to crank the volume up even higher Monday night.

THE ASSOCIATED PRESS

Nashville Predators' P.K. Subban, right, ties up Pittsburgh Penguins' Sidney Crosby during the second period in Game 1 on May 29. AP PHOTO/KEITH SRAKOCIC

FRENCH OPEN

Raonic contributes to own downfall in Paris

Too many errors spelled the end of Milos Raonic's run at the French Open.

The No. 5 seed from Thornhill, Ont., was upset by Pablo Carreno Busta of Spain 4-6, 7-6 (2), 6-7 (6), 6-4, 8-6, and committed a whopping 84 unforced errors in the hard-slogging match that stretched four hours and 17 minutes.

The 26-year-old Raonic fought off six match points before Carreno Busta finally won with a forehand volley at the net, with Raonic near the back of the court.

The Canadian will turn his attention to Wimbledon, where he reached the final last year, eventually losing to Andy Murray. THE CANADIAN PRESS

IN BRIEF

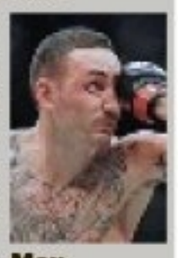
Jays win 3-2 over Yankees

Josh Donaldson celebrated his bobblehead day with a solo homer in the eighth to give the Toronto Blue Jays a 3-2 win over the New York Yankees on Sunday.

Trailing 2-0, the Blue Jays tied it up on Justin Smoak's two-run homer in the sixth. Toronto (28-29) wrapped up its 10-game homestand at 7-3.

THE CANADIAN PRESS

Holloway claims title



Max Holloway AP

Max Holloway claimed the undisputed UFC featherweight title on Saturday night, stopping long-reigning champion Jose Aldo in the third round of an impressive upset victory.

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FINANCIAL

MAKE IT TONIGHT

Sweet Kale and Banana Smoothie Bowl

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

The sweetness of banana makes the kale all but disappear in this powerhouse breakfast.

Ready in 5 minutes
Prep Time: 5 minutes
Serves 2

Ingredients
1/2 cup milk or coconut milk
1 cup Greek yogurt
1/2 cup chopped frozen kale
2 frozen bananas
2 tsp coconut oil, melted

Toppings
1 tsp chia seeds
1 tsp flax seed meal
1 Tbsp of muesli
1/2 sliced apple

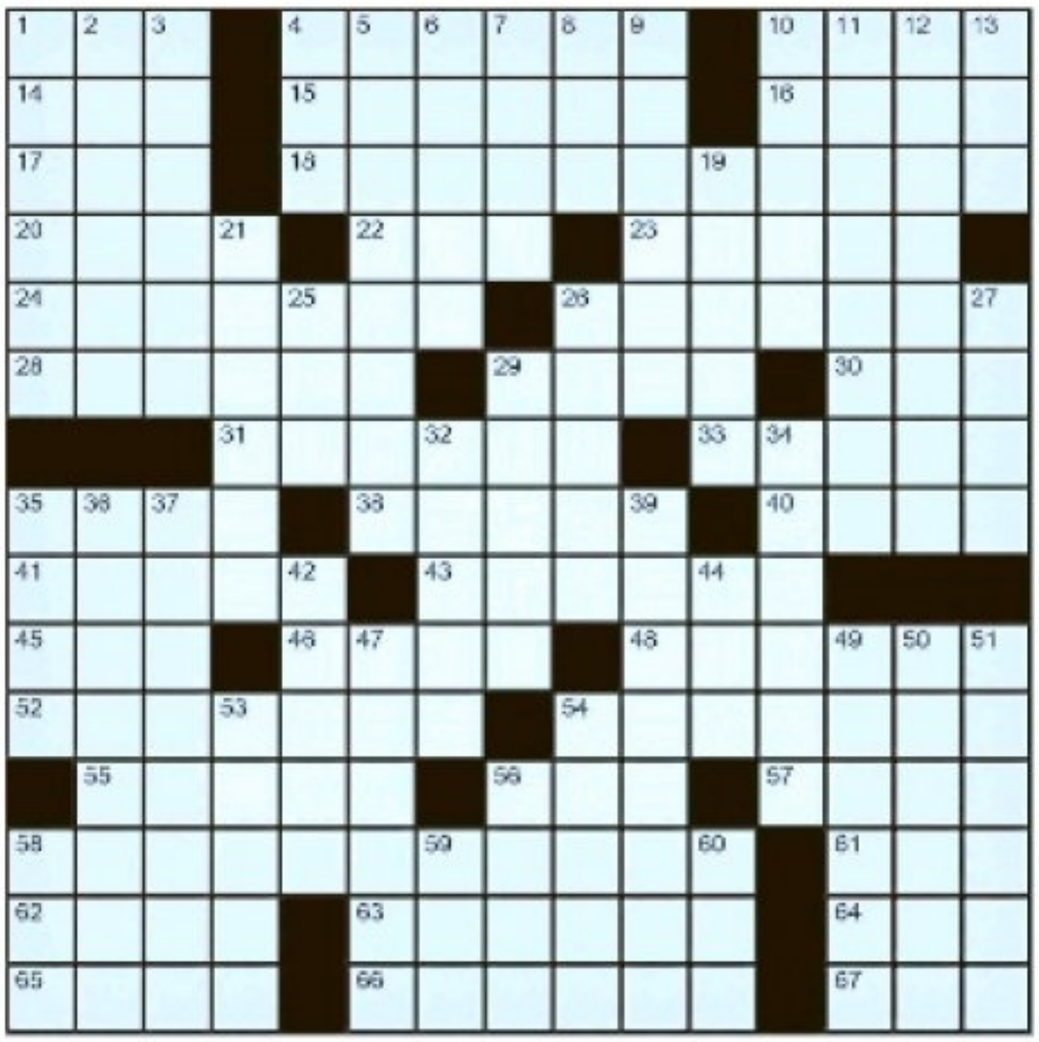
Directions
1. Place the milk, yogurt, kale, bananas and coconut oil in a blender. Whiz until smooth.

2. Pour into a bowl and sprinkle with your favourite toppings.

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Possibilities
4. Hot dog topping
10. Latin "year"
14. Ms. Imbruglia, to pals
15. Means of approach
16. Forest favourite
17. "Alice" waitress
18. "The Natural Place" city of British Columbia: 2 wds.
20. "Torn Curtain" (1966) actress Ms. Kedrova
22. Singing pair
23. Bobby and Brett of hockey
24. A simple process might only consist of this: 2 wds.
26. Wine made in the same-named archipelago of Portugal
28. Entered the edifice: 2 wds.
29. New Zealand fruit
30. Mr. Arnold
31. Right-hand pages
33. American resort Lake
35. _-Cola
38. Overseas moneys
40. Doctrines
41. Long circles
43. Break-taking person
45. Country singer Ms. McEntire, to pals
46. Grammy-winning rock band from Guadalajara in Mexico
48. Community in southern Ontario north of Waterloo
52. Procedure
54. Sprays unwanted graffiti on the wall
55. Chills
56. "How ya doin'?"
57. Profits
58. County on the Peace River in Alberta: 2 wds.
61. The Company org.
62. Filmdom's Ms. Fisher
63. Body of water for Moses: 2 wds.
64. Whichever
65. Jeanne d'Arc, et al.
66. Some suit fabrics
67. _ de deux

DOWN
1. _ of cash (Money coming in)
2. Bambi's beloved
3. Swiped
4. Knock
5. Exhibits in the courtroom
6. Abate: 2 wds.
7. Go _ detail (Elaborate)
8. Deryck Whibley's band, _ 41
9. American country music variety show: 2 wds.
10. Confuse things
11. Prehistoric stone artifacts
12. Anchor person's realm
13. Surgery sites, shortly
19. Accountant's review
21. Montreal-based media company acquired by Bell in 2013
25. Bond
26. Fermented soybean pastes
27. Quebec "souls"
29. North or South country
32. Revolves
34. Canadian wartime hero Billy Bishop, for one
35. Business firm abbr.
36. Cloudy
37. The whole kit and _
39. Like part of a church's architecture
42. Sniff
44. Gremlin
47. Declare
49. Arctic covering: 2 wds.
50. Eye part
51. Tries
53. Closing sections in music
54. Edible seaweed
56. Team
58. Marcia to Jan, for short
59. Cleave
60. Airline to Stockholm

✷ IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
This is a good day to take care of loose details regarding issues like taxes, debt, bills, insurance matters and anything to do with shared property. Make a list.

Taurus April 21 - May 21
The Moon today is in a sign that is opposite yours, which means you have to go more than halfway when dealing with others. This requires compromise and patience.

Gemini May 22 - June 21
Take care of details that you might have let slide, especially in buying items related to health and hygiene. Get this out of the way before your week gets busy.

Cancer June 22 - July 23
Today your focus will be on children, sporting events and anything to do with the hospitality industry or the entertainment world. Work behind the scenes, but make plans.

Leo July 24 - Aug. 23
Home and family are your focus today. If you can, you will stay home today because you want to cocoon and hide.

Virgo Aug. 24 - Sept. 23
This is a busy, fast-paced day! You might meet someone new or hear something new that intrigues you. Keep in mind that you are high-viz now, especially in the eyes of bosses and parents.

Libra Sept. 24 - Oct. 23
Today your focus is on money, assets and your possessions. You might have an attachment to something and not want to lend it to anyone.

Scorpio Oct. 24 - Nov. 22
Today the Moon is in your sign, which can make you more emotional than usual. However, it also can bring you a little bit of extra good luck!

Sagittarius Nov. 23 - Dec. 21
Work alone or behind the scenes today, because you need some privacy and quiet time. You need to restore and replenish your energy.

Capricorn Dec. 22 - Jan. 20
An encounter with a female friend or acquaintance could be important today. Perhaps you need to discuss serious future plans with this person.

Aquarius Jan. 21 - Feb. 19
For some reason, personal details about your private life might become public, especially in the eyes of bosses and parents. Just be aware of this in case you have to do damage control.

Pisces Feb. 20 - March 20
Do something different today. It's the beginning of the week, and you are hungry for adventure and a chance to learn something new.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

9				8	4			2
	6					9		
		5			7		6	
				1		6		5
5								4
3		9		2				
	2		3			1		
		7					5	
4			1	6				8

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9	2	1	8	5	4	7	6	3
6	7	5	9	3	1	2	4	8
3	4	8	2	7	6	9	5	1
2	1	7	3	4	5	8	9	6
4	8	3	1	6	9	5	2	7
5	9	6	7	8	2	1	3	4
7	5	4	6	9	8	3	1	2
1	3	9	4	2	7	6	8	5
8	6	2	5	1	3	4	7	9

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Whether you know it or not. But this Father's Day we need more than unknowing support. Raise money by having your workplace wear plaid on June 16.

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Prostate Cancer Canada

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